

Skill Training For All Levels!

- Professional
- Collegiate
- High School
- Middle School & under

PERSONAL SESSION:
\$75.00

Personal sessions last between 1 hour and 1 hour 15 min.

Each workout session will be customized to fit the specific need of the player.

GROUP SESSION:

\$40.00

Group sessions are really fun!! Group sessions consists

of 3 or more players. Duration of session is 1 hour 15 min

Training will be customized to fit the group.

Competitive and fun drills, are applied



INTERNATIONAL



Head Trainer: Kevin Houston II,
has played in a several of
different countries over the span
of his international career.

France-
Rouen
Hyerres- Toulon
Elan Chalon

Venezuela
Cocodrlios (Caracas)

Cyprus
Apoel (Nicosia)

Ukraine
Azovmash (Mariupol)

2020 VISION SPORTS CORP
3615 Main St. Riverside CA. 92501

(909) 486-5009

20/20 VISION SPORTS CORP.



Do you want to improve
your game?
Do you want to train at a
higher level?



HIGH INTENSITY WORKOUTS



Collegiate and professional level training!!

Kevin has coached on the collegiate level. While coaching for 2 seasons with Citrus College his responsibilities there were multi-faceted, however one aspect he thrived at was the strength & conditioning program. This experience along with his Division 1 NCAA experience, and training with the top athletic performance companies in California has expanded the passion for helping players reach their athletic goals.

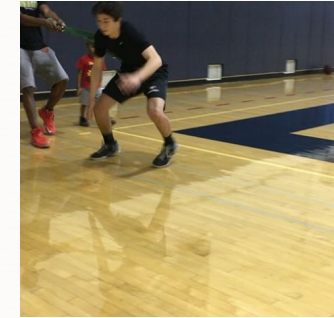


BASIC TRAINING PROGRAM \$400

Personal sessions 2 days a week that last between 1 hour and 1 hour 15 min for a total of 4 weeks
Each workout session will be customized to fit the specific need of the player.

10 WEEK BASIC TRAINING \$900

Personal sessions 2 days a week that last between 1 hour and 1 hour 15 min for a total of 10 weeks



6 WEEK INTENSIVE- \$900

Personal training sessions 3 days a week that lasts between 1 hour and 1hr and 30min

Focuses on personal development: basketball fundamentals, like ball control, shooting mechanics along with speed and agility.

10 WEEK INTENSIVE \$1500

Personal training sessions 3 days a week that lasts between 1 hour and 1hr and 30min



1 YEAR: DEVELOPMENT PLAN \$7,000

The one year program is our premier program

Personalized sessions 3 days a week

*Focuses on personal development: basketball fundamentals, ball control, shooting technique, along with speed and agility

*Physical fitness will be emphasized more with this program.

The player will noticeably have progressed in each focus of their personal goals.

1 YEAR BASIC TRAINING PROGRAM \$4,600

